

# Flu Watch

MMWR Week 9: February 26 to March 4, 2017

All data are provisional and subject to change as more reports are received.

### **SUMMARY**

## **Geographic Spread**

Influenza activity decreased this week. South Carolina reported widespread activity.

### **Virologic Surveillance**

This week, a total of 5,771 influenza cases (5,686 positive rapid antigen detection tests; 85 lab confirmed tests) were reported from 42 counties representing all four regions. The predominant circulating flu type was Influenza A. Since October 2, 2016, 52,052 influenza cases (51,061 positive rapid antigen detection tests; 991 lab confirmed tests) have been reported.

#### Influenza-Like Illness Surveillance

This week, 9.11% of patient visits to sentinel providers were seen for an influenza-like illness (ILI). This is above South Carolina's baseline (3.13%). The ILI activity level was **high.** 

### **Influenza-Associated Hospitalizations**

A total of 188 hospitalizations were reported by 47 hospitals. Since October 2, 2016, 1,920 influenza-associated hospitalizations have been reported.

### **Influenza-Associated Deaths**

Four lab confirmed deaths were reported this week; however, 2 of these deaths occurred in previous weeks (1-MMWR week 3; 1-MMWR week 8). Since October 2, 2016, 34 influenza-associated deaths have been reported.

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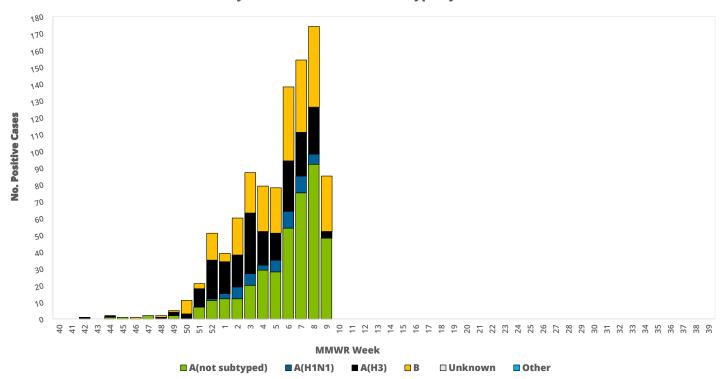
# **Virologic Surveillance**

### **Lab Confirmed Influenza**

Cases include positive testing via respiratory culture, RT-PCR, DFA, and IFA. Reporting is required to DHEC within 3 days via the South Carolina Infectious Disease and Outbreak Network (SCION) or DHEC 1129 card. This week, **85** lab confirmed cases were reported. This compares to **128** lab confirmed cases this same week last season. The predominant circulating influenza subtype was **Influenza A.** 

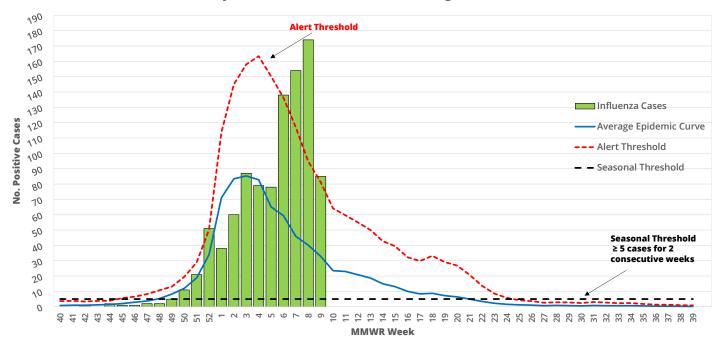
Table: Lab Confirmed Influenza Cases							
Virus Type/	N	o. Positive	No. Positive				
Subtype	This week	This week Previous week		Cumulative YTD 2015-16			
A not subtyped	48 (56.5%)	92 (52.8%)	394 (39.7%)	96 (27.5%)			
A(H1N1)	0	6 (3.5%)	54 (5.5%)	202 (57.9%)			
A(H3)	4 (4.7%)	28 (16.1%)	240 (24.2%)	21 (6.0%)			
В	33 (38.8%)	48 (27.6%)	303 (30.6%)	30 (8.6%)			
Other	0	0	0	0			
Unknown	0	0	0	0			
Total	85	174	991	349			

#### **Laboratory Confirmed Influenza Subtype by MMWR Week**

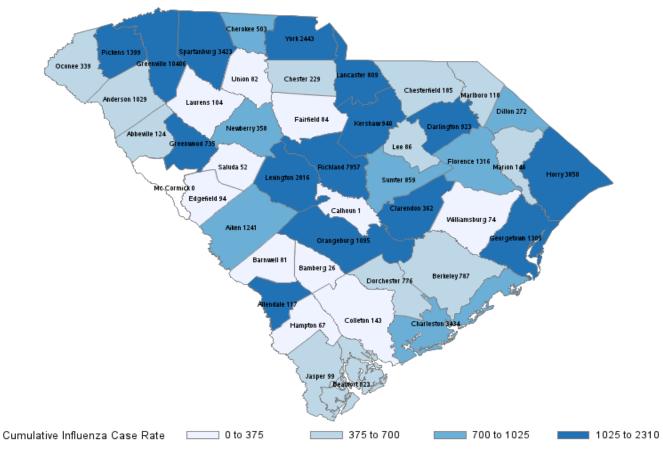


# **Virologic Surveillance**

#### **Laboratory Confirmed Influenza Cases Average and Thresholds**



### Cumulative Influenza Case Rate/100,000 By County



Includes all lab confirmed and positive rapid counts

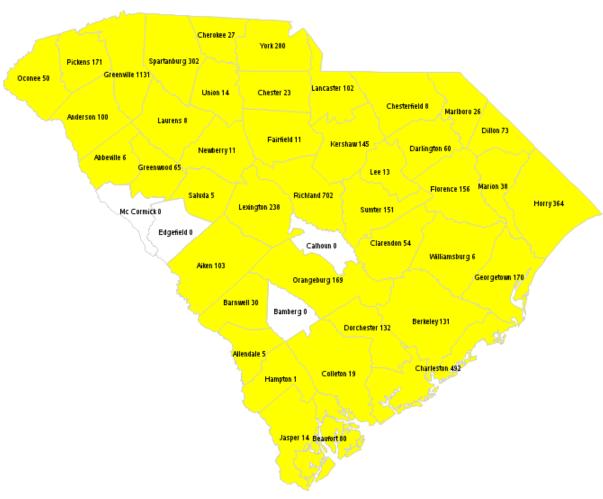
# **Virologic Surveillance**

# Positive Rapid Antigen Detection

**Tests** Providers are required to report weekly aggregate no. of positive results and influenza type to their respective regional health department. This week, **5686** positive rapid tests were reported. This compares to **3986** positive rapid tests reported this same week last season. The predominant influenza type was **Influenza A.** 

Table: Positive Rapid Antigen Detection Tests							
Virus Type	No. P	ositive	No. Positive				
	This week	Previous week	Cumulative YTD 2016-17	Cumulative YTD 2015-16			
Influenza A	3502 (61.6%)	5898 (64.7%)	34522 (67.6%)	11023 (78.1%)			
Influenza A/B	5 (0.1%)	37 (0.4%)	424 (0.8%)	196 (1.4%)			
Influenza B	2169 (38.2%)	3179 (34.8%)	16015 (31.4%)	2817 (20.0%)			
Unknown	10 (0.1%)	6 (0.1%)	100 (0.2%)	70 (0.5%)			
Total	5686	9120	51061	14106			

### Positive Rapid Influenza Tests Weekly Total By County



Highlighted areas indicate counts greater than or equal to 1

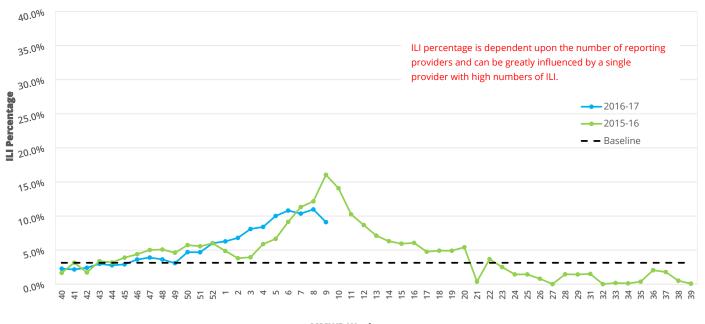
### Influenza-Like Illness Surveillance

Influenza-Like Illness Surveillance Providers enrolled in the Center for Disease Control Influenza-Like Illness Network (ILINet) surveillance system report weekly aggregate no. of patient visits, and of those visits the number of patients seen for an influenza-like illness by age group (i.e. 0-4, 5-24, 25-49, 50-64, ≥ 65). This week, the ILI activity level was high and 9.11% of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is **above** the state baseline, 3.13%. The ILI percentage for the current week last season was 16.04%. Reports were received from providers in 14 counties, representing all 4 regions.

<b>ILI Activity Level 2016-17 Calendar</b>											
ОСТ	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP
40	44	48	1	5	9	13	18	22	26	31	35
41	45	49	2	6	10	14	19	23	27	32	36
42	46	50	3	7	11	15	20	24	28	33	37
43	47	51	4	8	12	16	21	25	29	34	38
		52				17			30		39

ILI ACTIVITY LEVELS: MINIMIAL LOW MODERATE HIGH

# Percentage of Influenza-like Illness (ILI) Visits Reported by Sentinel Providers for Past and Current Seasons



**MMWR Week** 

# **Influenza-Like Illness Surveillance**

### **Influenza-Like Illness Reported by Sentinel Providers**

County	ILI %	County	ILI %
Abbeville		Greenwood	NR
Aiken	0.52%	Hampton	
Allendale		Horry	
Anderson	4.17%	Jasper	
Bamberg		Kershaw	
Barnwell		Lancaster	
Beaufort	6.84%	Laurens	NR
Berkeley	NR	Lee	
Calhoun		Lexington	
Charleston	15.95%	Marion	
Cherokee		Marlboro	NR
Chester		McCormick	
Chesterfield		Newberry	
Clarendon		Oconee	1.90%
Colleton		Orangeburg	
Darlington	7.27%	Pickens	0.00%
Dillon	_	Richland	4.87%
Dorchester	21.92%	Saluda	0.00%
Edgefield		Spartanburg	NR
Fairfield		Sumter	1.10%
Florence	1.25%	Union	
Georgetown	NR	Williamsburg	
Greenville	12.29%	York	12.59%

NR: No reports received ---: No enrolled providers

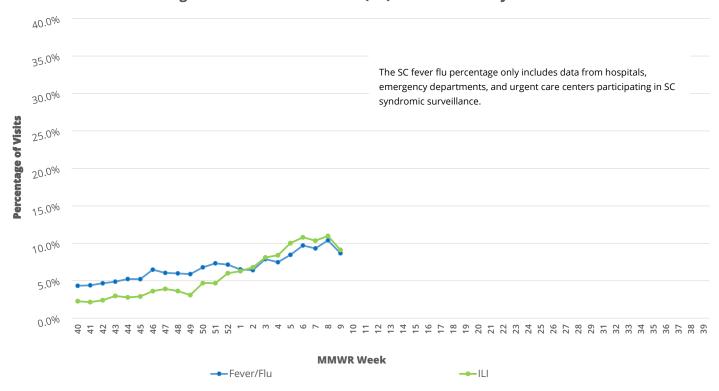
ILI percentage is dependent upon the number of reporting providers and can be greatly influenced by a single provider with high numbers of ILI.

# **Influenza-Like Illness Surveillance**

### **South Carolina Disease Alerting, Reporting & Tracking System**

**(SC-DARTS)** is a collaborative network of syndromic surveillance systems within South Carolina. Currently this network contains the following data sources: SC Hospital Emergency Department (ED) chief-complaint data and Poison Control Center call data. The hospital ED syndromic surveillance system classifies ED chief complaint data into appropriate syndrome categories (i.e. Respiratory, GI, Fever, etc.). This week, the statewide percentage of ER visits with fever-flu syndrome was **8.67%**.

#### Percentage of Influenza-like Illness (ILI) and Fever/Flu Syndromic Visits



# **Influenza-Associated Hospitalizations and Deaths**

# Influenza-Associated Hospitalizations

are reported weekly in aggregate no. to their respective regional health departments.

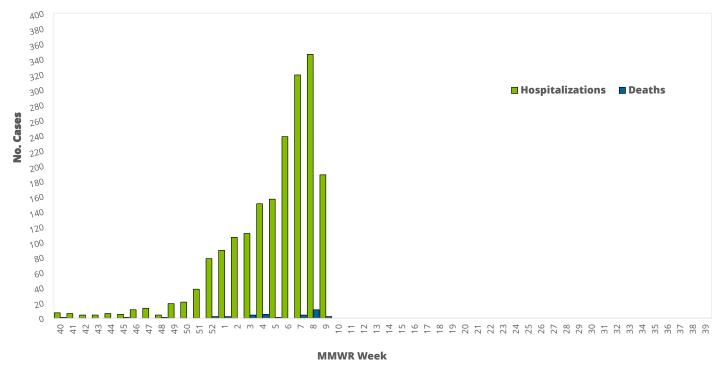
This week **188** laboratory confirmed hospitalizations were reported by **47** hospitals. This compares to **183** lab confirmed hospitalizations this same week last season.

Age Group	No. Hospitalizations						
	This week	Previous week	Rate per 100,000*	Cumulative YTD 2016-17	Cumulative YTD 2015-16		
0-4	10	26	59.5	180	93		
5-17	11	39	27.6	215	53		
18-49	37	59	17.7	355	195		
50-64	37	63	41.9	382	231		
65+	93	159	124.7	788	286		
Unknown	0	0		0	0		
Total	188	346	41.5	1920	859		

<sup>\*</sup>Population size based on 2010 Census Data

Laboratory confirmation for hospitalizations and deaths includes culture, PCR, DFA, IFA, rapid antigen detection testing, or autopsy (deaths only).

#### Influenza-Associated Hospitalizations and Deaths by MMWR Week



# **Influenza-Associated Hospitalizations and Deaths**

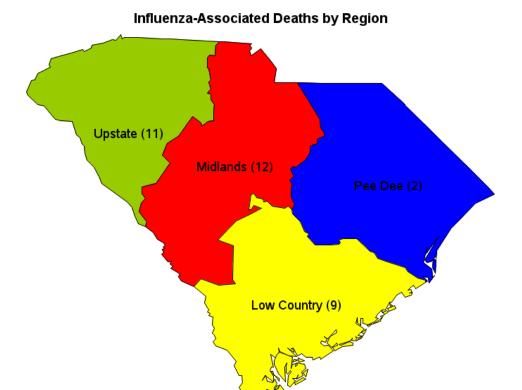
Table: Influenza Associated Deaths							
Age Group		No. Deaths					
	This week	Previous week	Rate per 100,000*	Cumulative YTD 2016-17	Cumulative YTD 2015-16		
0-4	0	0	0.0	0	0		
5-17	0	0	0.1	1	0		
18-49	0	1	0.1	2	4		
50-64	0	2	0.7	6	7		
65+	2	8	3.9	25	12		
Unknown	0	0					
Total	2	11	0.7	34	23		

Influenza-Associated

**Deaths** are urgently reportable to DHEC within 24 hours of initial notification.

2 laboratory confirmed deaths were reported this week. This compares to 5 laboratory confirmed deaths this same week last season.

<sup>\*</sup>Population size based on 2010 Census Data



## **National Influenza Surveillance**

### **Synopsis:**

During week 8 (February 19-25 2017), influenza activity remained elevated in the United States.

**Viral Surveillance:** The most frequently identified influenza virus subtype reported by public health laboratories during week 8 was influenza A (H3). The percentage of respiratory specimens testing positive for influenza in clinical laboratories remained elevated.

**Pneumonia and Influenza Mortality:** The proportion of deaths attributed to pneumonia and influenza (P&I) was above the system-specific epidemic threshold in the National Center for Health Statistics (NCHS) Mortality Surveillance System.

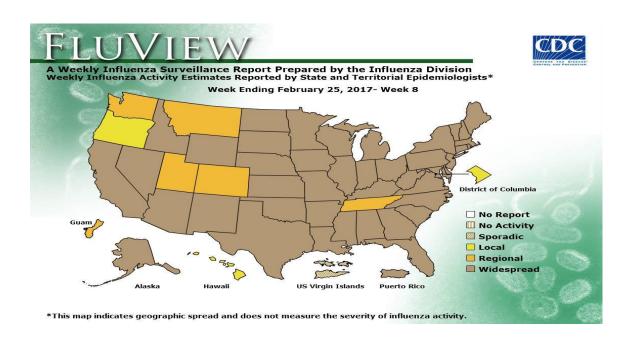
**Influenza-associated Pediatric Deaths:** Six influenza-associated pediatric deaths were reported.

**Influenza-associated Hospitalizations:** A cumulative rate for the season of 39.4 laboratory-confirmed influenza-associated hospitalizations per 100,000 population was reported.

**Outpatient Illness Surveillance:** The proportion of outpatient visits for influenza-like illness (ILI) was 4.8%, which is above the national baseline of 2.2%. All 10 regions reported ILI at or above their region-specific baseline levels. 27 states experienced high ILI activity; four states experienced moderate ILI activity; New York City, Puerto Rico and six states experienced low ILI activity; 13 states experienced minimal ILI activity; and the District of Columbia had insufficient data.

**Geographic Spread of Influenza:** The geographic spread of influenza in Puerto Rico and 43 states was reported as widespread; Guam and five states reported regional activity; the District of Columbia and two states reported local activity; and the U.S. Virgin Islands reported sporadic activity.

For addition information, go to: <a href="http://www.cdc.gov/flu/weekly/">http://www.cdc.gov/flu/weekly/</a>



### **Influenza Surveillance Definitions**

**Activity Level (Geographic Spread):** Indicator of the geographic spread of influenza activity which is reported to CDC each week.

**No activity:** No increase in ILI activity and no laboratory-confirmed influenza cases.

**Sporadic:** No increase in ILI activity and isolated laboratory-confirmed influenza cases.

**Local:** Increased ILI or 2 or more institutional outbreaks in one region and laboratory-confirmed influenza cases within the past 3 weeks in the region with increased ILI or outbreaks.

**Regional:** Increased ILI or institutional outbreaks in 2-3 regions and laboratory-confirmed influenza cases within the past 3 weeks in the regions with increased ILI or outbreaks.

**Widespread:** Increased ILI and/or institutional outbreaks in at least 4 regions and laboratory confirmed influenza in the state within the past 3 weeks.

#### **Activity Level (Influenza-like Illness):**

Comparison of the current week mean reported percent of visits due to ILI to the non-influenza weeks mean reported percent of visits due to ILI. The activity level corresponds to the number of standard deviations below, at, or above the mean for the current week compared to the mean of the non-influenza weeks.

**Minimal:** less than 2 standard deviations above the mean.

**Low:** 2 to less than 4 standard deviations above the mean.

**Moderate:** 4 to less than 6 standard deviations above the mean.

**High:** greater than or equal to 6 standard deviations above the mean.

**Alert Threshold:** indicates influenza activity (no. of laboratory confirmed influenza cases) that is higher than the past 5 seasons. Threshold is defined as 1.645 standard deviations above the average epidemic curve for each MMWR week.

#### **Additional Resources**

Center for Disease Control and Prevention Weekly U.S. Influenza Surveillance Report

World Health Organization FluNet Report

European Centre for Disease Prevention and Control

Weekly Influenza Situation

Government of Canada <u>Weekly Influenza Report</u> **Average Epidemic Curve:** Typical influenza activity (no. of lab confirmed influenza cases) for a season. Centered on the median week of the past 5 seasons, the 4 week moving average is calculated for each MMWR week.

**Fever-Flu Syndrome:** Includes chief complaints with any of the following ICD codes or terms: flu, fev, high temp, tem10, feel hot, night sweat, FEB, shiver, FUO, chill, 780.6, viral INF, pain all over, ILI, and body ache. Weekly fever flu count is the sum of all the records, statewide, that were categorized into the fever flu syndrome, The state denominator is a broader modification of the respiratory syndrome that includes records that have fever flu chief complaints and general respiratory illness complaints, which include: cough, coughing URI, pneumonia, croup, bronchitis, and cold. The fever flu percentage equals (weekly fever flu count/weekly state denominator)\*100.

Influenza-like Illness (ILI): Fever ≥ 100°F (37.8°C) AND cough AND/OR sore throat (without a known cause other than influenza). The SC baseline is the mean percentage of patient visits for ILI during non-influenza weeks (weeks when the percent of positive lab tests were less than 2% of the total season's positive lab tests for two consecutive weeks) for the previous three seasons plus two standard deviations.

**MMWR week:** Term for influenza surveillance week. Each week begins on Sunday and ends on Monday. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2016-17 influenza season began on October 2, 2016 and will end on September 30, 2017.

**Seasonal Threshold:** indicates the start of the influenza season when the threshold is exceeded for two consecutive weeks. Threshold is defined as the median value of the average epidemic curve.